



TABLA DE TIEMPOS



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| NOV | PREPA | INT | RJ 2018 | | RJ 2018 | INT | PREPA | NOV |
|---------|---------|---------|----------|-------|-----------|---------|---------|---------|
| 40% | 45% | 50% | FEMENINO | | MASCULINO | 50% | 45% | 40% |
| 1:02.77 | 55.80 | 50.22 | 25.11 | 50 L | 22.18 | 44.36 | 49.29 | 55.45 |
| 2:18.02 | 2:02.69 | 1:50.42 | 55.21 | 100 L | 48.95 | 1:37.90 | 1:48.78 | 2:02.37 |
| 1:10.27 | 1:02.47 | 56.22 | 28.11 | 50 D | 24.83 | 49.66 | 55.18 | 1:02.07 |
| 1:15.47 | 1:07.09 | 1:00.38 | 30.19 | 50 P | 27.56 | 55.12 | 1:01.24 | 1:08.90 |
| 1:06.50 | 59.11 | 53.20 | 26.60 | 50 M | 23.11 | 46.22 | 51.35 | 57.78 |

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| NOV | PREP | INT | NAC | RJ 2018 | | RJ 2018 | NAC | INT | PREP | NOV |
|---------|---------|---------|---------|----------|--------|-----------|---------|---------|---------|---------|
| 45% | 50% | 55% | 60% | FEMENINO | | MASCULINO | 60% | 55% | 50% | 45% |
| 55.80 | 50.22 | 45.65 | 41.85 | 25.11 | 50 L | 22.18 | 36.97 | 40.33 | 44.36 | 49.29 |
| 2:02.69 | 1:50.42 | 1:40.38 | 1:32.01 | 55.21 | 100 L | 48.95 | 1:21.58 | 1:29.00 | 1:37.90 | 1:48.78 |
| 4:22.29 | 3:56.06 | 3:34.60 | 3:16.72 | 1:58.03 | 200 L | 1:47.19 | 2:58.65 | 3:14.89 | 3:34.00 | 3:58.20 |
| 1:02.47 | 56.22 | 51.11 | 46.85 | 28.11 | 50 D | 24.83 | 41.38 | 45.15 | 49.66 | 55.18 |
| 1:07.09 | 1:00.38 | 54.89 | 50.32 | 30.19 | 50 P | 27.56 | 45.93 | 50.11 | 55.12 | 1:01.24 |
| 59.11 | 53.20 | 48.36 | 44.33 | 26.60 | 50 M | 23.11 | 38.52 | 42.02 | 46.22 | 51.35 |
| 5:02.82 | 4:32.54 | 4:07.76 | 3:47.12 | 2:16.27 | 200 CI | 2:02.07 | 3:23.45 | 3:41.95 | 4:04.14 | 4:31.27 |

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| NOV | PREP | INT | NAC | RJ 2018 | | RJ 2018 | NAC | INT | PREP | NOV |
|---------|---------|---------|---------|----------|--------|-----------|---------|---------|---------|---------|
| 50% | 55% | 60% | 65% | FEMENINO | | MASCULINO | 65% | 60% | 55% | 50% |
| 50.22 | 45.65 | 41.85 | 38.63 | 25.11 | 50 L | 22.18 | 34.12 | 36.97 | 40.33 | 44.36 |
| 1:50.42 | 1:40.38 | 1:32.01 | 1:24.93 | 55.21 | 100 L | 48.95 | 01:15.3 | 1:21.58 | 1:29.00 | 1:37.90 |
| 3:56.06 | 3:34.60 | 3:16.72 | 3:01.58 | 1:58.03 | 200 L | 1:47.00 | 2:44.61 | 2:58.65 | 3:14.89 | 3:34.00 |
| 8:22.30 | 7:36.63 | 6:58.58 | 6:26.38 | 4:11.15 | 400 L | 3:50.61 | 5:54.78 | 6:24.35 | 6:59.29 | 7:41.22 |
| 56.22 | 51.11 | 46.85 | 43.25 | 28.11 | 50 D | 24.83 | 38.20 | 41.38 | 45.15 | 49.66 |
| 2:02.60 | 1:51.45 | 1:42.17 | 1:34.31 | 1:01.30 | 100 D | 54.88 | 1:24.43 | 1:31.47 | 1:39.78 | 1:49.76 |
| 4:27.40 | 4:03.09 | 3:42.83 | 3:25.69 | 2:13.70 | 200 D | 1:59.95 | 3:04.54 | 3:19.92 | 3:38.09 | 3:59.90 |
| 1:00.38 | 54.89 | 50.32 | 46.45 | 30.19 | 50 P | 27.56 | 42.40 | 45.93 | 50.11 | 55.12 |
| 2:13.66 | 2:01.51 | 1:51.38 | 1:42.81 | 1:06.83 | 100 P | 1:00.37 | 1:32.88 | 1:40.62 | 1:49.76 | 2:00.74 |
| 4:51.20 | 4:24.73 | 4:02.67 | 3:44.00 | 2:25.60 | 200 P | 2:11.77 | 3:22.72 | 3:39.62 | 3:59.58 | 4:23.54 |
| 53.20 | 48.36 | 44.33 | 40.92 | 26.60 | 50 M | 23.11 | 35.55 | 38.52 | 42.02 | 46.22 |
| 1:58.62 | 1:47.84 | 1:38.85 | 1:31.25 | 59.31 | 100 M | 52.20 | 1:20.31 | 1:27.00 | 1:34.91 | 1:44.40 |
| 4:22.52 | 3:58.65 | 3:38.77 | 3:21.94 | 2:11.26 | 200 M | 1:57.03 | 3:00.05 | 3:15.05 | 3:32.78 | 3:54.06 |
| 4:32.54 | 4:08.54 | 3:47.12 | 3:29.65 | 2:16.27 | 200 CI | 2:02.07 | 3:07.80 | 3:23.45 | 3:41.94 | 4:04.14 |

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| NOV | PREP | INT | NAC | RJ 2018 | | RJ 2018 | NAC | INT | PREP | NOV |
|----------|----------|----------|----------|----------|--------|-----------|----------|----------|----------|----------|
| 55% | 60% | 65% | 70% | FEMENINO | | MASCULINO | 70% | 65% | 60% | 55% |
| 45.65 | 41.85 | 38.63 | 35.87 | 25.11 | 50 L | 22.18 | 31.68 | 34.12 | 36.97 | 40.33 |
| 1:40.38 | 1:32.01 | 1:24.93 | 1:18.87 | 55.21 | 100 L | 48.95 | 1:09.93 | 1:15.31 | 1:21.58 | 1:29.00 |
| 3:34.60 | 3:16.72 | 3:01.58 | 2:48.61 | 1:58.03 | 200 L | 1:47.00 | 2:32.86 | 2:44.61 | 2:58.65 | 3:14.89 |
| 7:36.63 | 6:58.58 | 6:26.38 | 5:58.79 | 4:11.15 | 400 L | 3:50.61 | 5:29.44 | 5:54.78 | 6:24.35 | 6:59.29 |
| 15:53.69 | 14:33.88 | 13:26.96 | 12:29.32 | 8:44.53 | 800 L | ***** | ***** | ***** | ***** | ***** |
| ***** | ***** | ***** | ***** | ***** | 1500 L | 15:18.33 | 21:51.90 | 23:32.81 | 25:30.55 | 27:49.69 |
| 51.11 | 46.85 | 43.25 | 40.16 | 28.11 | 50 D | 24.83 | 35.47 | 38.20 | 41.38 | 45.15 |
| 1:51.45 | 1:42.17 | 1:34.31 | 1:27.57 | 1:01.30 | 100 D | 54.88 | 1:18.40 | 1:24.43 | 1:31.47 | 1:39.78 |
| 4:03.09 | 3:42.83 | 3:25.69 | 3:11.00 | 2:13.70 | 200 D | 1:59.95 | 2:51.36 | 3:04.54 | 3:19.92 | 3:38.09 |
| 54.89 | 50.32 | 46.45 | 43.13 | 30.19 | 50 P | 27.56 | 39.37 | 42.40 | 45.93 | 50.11 |
| 2:01.51 | 1:51.38 | 1:42.81 | 1:35.47 | 1:06.83 | 100 P | 1:00.37 | 1:26.24 | 1:32.88 | 1:40.62 | 1:49.76 |
| 4:24.73 | 4:02.67 | 3:44.00 | 3:28.00 | 2:25.60 | 200 P | 2:11.77 | 3:02.24 | 3:22.72 | 3:39.62 | 3:59.58 |
| 48.36 | 44.33 | 40.92 | 38.00 | 26.60 | 50 M | 23.11 | 33.01 | 35.55 | 38.52 | 42.02 |
| 1:47.84 | 1:38.85 | 1:31.25 | 1:24.73 | 59.31 | 100 M | 52.20 | 1:14.57 | 1:20.31 | 1:27.00 | 1:34.91 |
| 3:58.65 | 3:38.77 | 3:21.94 | 3:07.51 | 2:11.26 | 200 M | 1:57.03 | 2:47.18 | 3:00.05 | 3:15.05 | 3:32.78 |
| 4:08.54 | 3:47.12 | 3:29.65 | 3:14.67 | 2:16.27 | 200 CI | 2:02.07 | 2:54.39 | 3:07.80 | 3:23.45 | 3:41.94 |
| 8:40.56 | 7:57.31 | 7:20.48 | 6:49.01 | 4:46.31 | 400 CI | 4:19.98 | 6:11.40 | 6:39.97 | 7:13.30 | 7:52.69 |