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NOV	PREP	INT	NAC	RJ 2018		RJ 2018	NAC	INT	PREP	NOV
60%	65%	70%	75%	FEMENINO		MASCULINO	75%	70%	65%	60%
45.65	41.85	35.87	33.48	25.11	50 L	22.18	29.57	31.68	34.12	36.97
1:40.38	1:32.01	1:18.87	1:13.61	55.21	100 L	48.95	1:05.27	1:09.93	1:15.31	1:21.58
3:34.60	3:16.72	2:48.61	2:37.37	1:58.03	200 L	1:47.00	2:22.66	2:32.86	2:44.61	2:58.65
7:36.63	6:58.58	5:58.79	5:34.87	4:11.15	400 L	3:50.61	5:07.48	5:29.44	5:54.78	6:24.35
14:33.88	13:26.96	12:29.32	11:39.37	8:44.53	800 L	*****	*****	*****	*****	*****
*****	*****	*****	*****	*****	1500 L	15:18.33	20:24.44	21:51.90	23:32.81	25:30.55
51.11	46.85	40.16	37.48	28.11	50 D	24.83	33.11	35.47	38.20	41.38
1:51.45	1:42.17	1:27.57	1:21.73	1:01.30	100 D	54.88	1:13.17	1:18.40	1:24.43	1:31.47
4:03.09	3:42.83	3:11.00	2:58.27	2:13.70	200 D	1:59.95	2:39.93	2:51.36	3:04.54	3:19.92
54.89	50.32	43.13	40.25	30.19	50 P	27.56	36.75	39.37	42.40	45.93
2:01.51	1:51.38	1:35.47	1:29.11	1:06.83	100 P	1:00.37	1:20.49	1:26.24	1:32.88	1:40.62
4:24.73	4:02.67	3:28.00	3:14.13	2:25.60	200 P	2:11.77	2:55.70	3:02.24	3:22.72	3:39.62
48.36	44.3	38.00	35.47	26.60	50 M	23.11	30.81	33.01	35.55	38.52
1:47.84	1:38.85	1:24.73	1:19.08	59.31	100 M	52.20	1:09.60	1:14.57	1:20.31	1:27.00
3:58.65	3:38.77	3:07.51	2:55.01	2:11.26	200 M	1:57.03	2:36.04	2:47.18	3:00.05	3:15.05
4:08.54	3:47.12	3:14.67	3:01.69	2:16.27	200 CI	2:02.07	2:42.76	2:54.39	3:07.80	3:23.45
7:57.31	7:20.48	6:49.01	6:21.75	4:46.31	400 CI	4:19.98	5:46.64	6:11.40	6:39.97	7:13.30

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NOV	PREP	INT	NAC	RJ 2018		RJ 2018	NAC	INT	PREP	NOV
60%	70%	75%	80%	FEMENINO		MASCULINO	80%	75%	70%	65%
41.85	35.87	33.48	31.38	25.11	50 L	22.18	27.72	29.57	31.68	34.12
1:32.01	1:18.87	1:13.61	1:09.01	55.21	100 L	48.95	1:01.19	1:05.27	1:09.93	1:15.31
3:16.72	2:48.61	2:37.37	2:27.54	1:58.03	200 L	1:47.00	2:13.99	2:22.66	2:32.86	2:44.61
6:58.58	5:58.79	5:34.87	5:13.94	4:11.15	400 L	3:50.61	4:48.26	5:07.48	5:29.44	5:54.78
13:26.96	12:29.32	11:39.37	10:55.66	8:44.53	800 L	*****	*****	*****	*****	*****
*****	*****	*****	*****	*****	1500 L	15:18.33	19:07.91	20:24.44	21:51.90	23:32.81
46.85	40.16	37.48	35.14	28.11	50 D	24.83	31.04	33.11	35.47	38.20
1:42.17	1:27.57	1:21.73	1:16.62	1:01.30	100 D	54.88	1:08.60	1:13.17	1:18.40	1:24.43
3:42.83	3:11.00	2:58.27	2:47.12	2:13.70	200 D	1:59.95	2:29.92	2:39.93	2:51.36	3:04.54
50.32	43.13	40.25	37.74	30.19	50 P	27.56	34.45	36.75	39.37	42.40
1:51.38	1:35.47	1:29.11	1:23.54	1:06.83	100 P	1:00.37	1:15.46	1:20.49	1:26.24	1:32.88
4:02.67	3:28.00	3:14.13	3:02.00	2:25.60	200 P	2:11.77	2:44.71	2:55.70	3:02.24	3:22.72
44.3	38.00	35.47	33.25	26.60	50 M	23.11	28.89	30.81	33.01	35.55
1:38.85	1:24.73	1:19.08	1:14.14	59.31	100 M	52.20	1:05.25	1:09.60	1:14.57	1:20.31
3:38.77	3:07.51	2:55.01	2:44.07	2:11.26	200 M	1:57.03	2:26.29	2:36.04	2:47.18	3:00.05
3:47.12	3:14.67	3:01.69	2:50.34	2:16.27	200 CI	2:02.07	2:32.59	2:42.76	2:54.39	3:07.80
7:20.48	6:49.01	6:21.75	5:57.89	4:46.31	400 CI	4:19.98	5:24.98	5:46.64	6:11.40	6:39.97

1. LOS TIEMPOS PRESENTADOS EN TABLA UTILIZAN COMO REFERENCIA LOS RECORDS REGIONALES DE LOS JUEGOS CENTROAMERICANOS Y DEL CARIBE BARRANQUILLA 2018.
2. LA REFERENCIA DE TIEMPOS PARA LOS EVENTOS DE 800 MTS FEMENINO Y 1,500 MTS MASCULINO ES EL RECORD VIGENTE EN PUERTO RICO AL 2020.
3. ES REQUERIDO POSEER EL TIEMPO INTERMEDIO DE LA CATEGORÍA 9-10 EN LOS 100 MTS LIBRE PARA PODER NADAR EL 200 MTS LIBRE EN LA CATEGORIA 11-12.
4. ES REQUERIDO POSEER EL TIEMPO INTERMEDIO EN 200 MTS LIBRE DE LA CATEGORÍA PARA PODER NADAR EL 400 MTS LIBRE.
5. PARA NADAR EL EVENTO DE 800 MTS LIBRE Y 1,500 MTS LIBRE SE REQUIERE AL MENOS TIEMPO INTERMEDIO DE LA CATEGORIA EN 400 MTS LIBRE.