



**PANAM AQUATICS
2023 OPEN WATER SWIMMING
SERIES**

SUMMONS

MARCH 16-19, 2023

**Federación Puertorriqueña de Natación
Lake Pozuelo, Guayama – Puerto Rico**

FLUIDRA



Federación Puertorriqueña de Natación is pleased to invite your Federation to participate in the 2023 PanAm Open Water Series, March 17th to 19th, 2023 at Pozuelo Bay, Guayama, Puerto Rico

Organizing Committee

The organising committee (“OC”) for this event:

Chairperson: Ivan Romaguera iromaguera@gmail.com
Venue Coordinator: Elismari Aldarondo
Accommodations Coordinator: Ricardo Gonzalez: ricardo051695@gmail.com
Protocol and Ceremony Coordinator: Cristina Vazquez
Local Transport Coordinator:
Delegations Coordinator: Aracelis Echevarría
General email for the OC: comisionaguasabiertas@natacionpr.org
Website for the event: www.panamaquatics.com

Key dates

Preliminary team entry deadline:	January 30 th , 2023
Final team entry deadline:	February 20 th , 2023
Hotel booking form deadline:	January 30 th , 2023
Team arrival/departure form deadline:	February 28 th , 2023
50% Down payment on Lodging and Food:	February 15 st , 2023
Full Payment on Lodging and Food:	February 28 th , 2023
Arrival Delegations:	March 15 th , 2023
Technical meeting:	March 16 th , 2023
Competition dates:	March 17-19 th , 2023
Closing ceremony:	March 19 th , 2023
Departure Delegations:	March 20 th , 2023



Detailed Schedule and Competition Program

March 15	Arrival
March 16	
Time 9:00 am – 5:00 pm	Training
Time 7:00pm	Technical Meeting
March 17th	
Time 7:00am	Registration Opens Event 1 & 2
Time 7:30am	Registration Closes Event 1 & 2
Time 8:30am	Briefing Event
Time 8:45am	Presentation of Athletes Events 1-2
Time 9:00am	Event 1 Males 5K
Time 9:10am	Event 2 Female 5K
After all events are done:	Awards Ceremony
March 18th	
Time 7:00am	Registration Opens Event 3
Time 8:30am	Briefing Event
Time 8:45am	Presentation of Athletes Events 3
Time 9:00am	Event 3 Mixed Relays 4 x 2.5K
After all events are done:	Awards Ceremony
March 19th	
Time 7:00am	Registration Opens Event 4 & 5
Time 8:15am	Registration Closes Event 4 & 5
Time 8:30am	Briefing Event
Time 8:45am	Presentation of Athletes Event 4
Time 9:00am	Event 4 Males 10K
Time 9:45am	Presentation of Athletes Event 5
Time 10:00am	Event 5 Females 10K
After all events are done:	Awards Ceremony Closing Ceremony

Training venue & schedule

The LOC will organise training sessions in both the main competition venue starting on March 16th, 2023 Pozuelo Bay located 3km from the Village as per schedule below:

Training at the Competition Venue in Lake Pozuelo

AM: 08:00 - 11:00

PM: 13:00 – 16:00

Training at Swimming Pool Albergue Olímpico

AM: 06:00 - 08:00

09:00 - 11:00

PM: 15:30 - 18:00



IMPORTANT: For all those teams arriving earlier March 16th, 2023, the OC will provide training options under previous request (main venue and/or pool). Therefore, if your team is planning to arrive earlier than the March 16th, 2023, please contact the OC with your training plans and request so they can organise the training accordingly.

Technical Meeting

The technical meeting will take place at Albergue Olimpico on March 17 at 9:00 AM. The meeting will be open to everyone with appropriate accreditation for the Open Water swimming event. Athletes must attend in order to validate their participation in the events.

The PanAm Aquatics Open Water Swimming Committee Chairperson will lead the meeting, which will be conducted in English and, if required, with translation in Spanish.

Competition Venue

The competition of 5km, 7.5km and 10km swim will be organised on a 1,250m lap course (left shoulder turns). Swimmers must swim eight (8) laps for 10km, and four (4) laps for 5km. 4 x 2.5km mixed relay will be on a 2,500m lap course, left shoulder turn. Course design for the above races attached. Details of the final course will be provided at the Technical Meeting.

Current and Weather Information

The climate comfortable there the month of march. The high seasonal norm is 83°F. In the morning the temperature drops to 76°F. Thus, the mean temperature average in March in Guayama is 79°F. Note that these seasonal averages are in contrast with those observed in Guayama in March with a maximum record of 90°F in 2017 and a minimum record of 70°F in 2010.

Day length in Guayama in March is 12:02. The sun rises at 10:32 and sunset is at 22:34.

Competition Format

- March 17 Events 1-2 5K Male and Female
- March 18 Event 3 4 x 2.5K Mixed Relays
- March 19 Events 4-5 10K Male and Female

Event Age Rules

AGE GROUP	AGE DETERMINATION
14-17	As of December 31, 2023
18+	As of December 31, 2023



Entry Information

The PanAm Open Water Series are open to entries from competitors in good standing with their National Federations who are members of PanAm Aquatics or of invited WA member Federations.

- The competitor must be a citizen, whether through birth or naturalization, of the country being represented, according to the GR-2.5 Rule of WA.

Awards

First, Second and Third place medals will be given for each event. Team High point awards will be given for 14-17 and 18+ (Men, Women and Combined).

Points scored will be awarded in the following order: **20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1**

Points scored will count towards the PanAm Aquatics Open Water Series Financial Bonus awarded at the end of the 2023 Series.

Technical Equipment

Hy-Tek Meet Manager will be used for registration and competition results. Timing will be done using Time Machine.

Clothing and Equipment

Swimwear Protocol: Swimwear worn shall be according to WA by-laws BL 7 and BL 8.

Anti-Doping

During the competition, anti-doping control tests may be conducted, according to the control rules established by World Aquatics (FINA).

Protests

Protests will be resolved under [WA Rule GR 9.2](#).

Protests must be submitted to the Chief Referee in writing by the team leader, with a deposit of US\$100, within 30 minutes following the conclusion of the respective event.

All protests will be considered by the Chief Referee.

The commission (including the PAQ President or her representative, the PAQ OW Chair and the PAQ OW Commission members) present at the event will consider appeals against decisions by the Chief Referee and give recommendations to the jury of appeal, whose decision will be final.



Jury of Appeal

For the Series, the jury of appeal shall consist of a minimum of three persons and will be comprised of the PanAm Aquatics Executive Committee and PanAm Aquatics Honorary Members present and the WA Delegate (if present) with the PAQ President or in his or her absence a PAQ Vice-President and/or PAQ Executive Liaison for Open Water Swimming as chairman.

A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her PAQ Federation is involved. Technical Officials and Judges for Open Water Swimming shall not be entitled to form part of the jury.

In case of urgency, the jury may vote on a matter even if it has not been possible to contact all members.

The decision of the jury will be final.

Technical Officials

WA certified officials including Referees, Timekeepers, Finish judges, Course and safety officers, race/turn judges, starters, recorders will be running this event.

Delegations

Registration

All National Federation registrations and sport entries must be done through the PAQ General Management System (GMS) that can be found at PanAm Aquatics website: <https://www.panamaquatics.com/customPage/ca6bd84e-132e-4c71-86e5-80c9b6c40780>

Each national federation must complete their registrations before the designated deadlines. In the interests of providing the Organizing Committee with optimal time to make hotel, meal, transportation, and other logistical arrangements, please submit your registration at your earliest convenience.

Entries will be accepted until midnight on February 20, 2023

Accreditation

The Organizing Committee will provide all Swimmers and Team Staff with an official Accreditation card. Only accredited people will be allowed to access certain venue areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Team managers will be required to present photographic identification for all team members in order to collect the Accreditation cards.

Entry Fee

US\$ 25.00 per athlete for the first race

US\$ 10.00 per athlete per race for each additional race.

US\$ 50.00 Sanction fee per athlete.



Host Accommodations

Albergue Olimpico Village, Salinas, PR
 Contact: Elia Fontanet +1 (939) 277-4709

Double Occupancy	US\$ 150	per day and per person
Quadruple Occupancy	US\$ 120	per day and per person
Rooms for 12 athletes	US\$ 100	per day and per person

The special daily fee includes:

- Three meals daily starting with dinner on March 16th, and ending with breakfast on March 20th, 2023
- Hotel/Village accommodations
- Transportation between the Albergue Olimpico and the Luis Muñoz Marín International Airport upon arrival and departure
- Transportation between the training and competition venues and the hotel
- The special competition daily fee listed above is limited to the official delegation and is depended upon the down payment deadline, February 1st, 2023, and final payment deadline February 18th, 2023

Other options:

Below options are exclusive meals and transportation

Hotel Marina de Salinas

Located in Salinas, 27 miles from Museo de Art de Ponce, Marina de Salinas has accommodations with a garden, free private parking, a terrace and a restaurant. With a bar, the 3-star hotel has air-conditioned rooms with free WiFi, each with a private bathroom. The property provides evening entertainment and room service.

Double Occupancy	US\$ 171	per day and per person
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For Reservations call 787-705-9197

Brandemar Hotel

Finding an ideal family-friendly hotel in Guayama does not have to be difficult. Welcome to Brandemar Hotel & Restaurant, a nice option for travelers like you.

Wifi is offered to guests, and rooms at Brandemar Hotel & Restaurant offer air conditioning. Guests of Brandemar Hotel & Restaurant are also welcome to enjoy a lounge, located on site. Guests of Brandemar Hotel & Restaurant can find some great restaurants a short walk from the hotel, including Casi viernes lounge (0.9 mi) and Casi Viernes Lounge (0.9 mi).

Double Occupancy	US\$ 120	per day and per person
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For Reservations call 787-864-5124



Hotels must be booked on or before January 30th, 2023, with 50% down payment received by February 14, and the full balance received by February 28th, 2023, to receive the competition rate secured for the Series. After those dates, the OC will not be able to guarantee availability of rooms, and the rates will increase by 30%. Hotel price doesn't include the three meals or transportation.

Airport

Luis Muñoz Marín International Airport (SJU) (Spanish: Aeropuerto Internacional Luis Muñoz Marín) is a joint civil-military [international airport](#) located in suburban [Carolina, Puerto Rico](#), three miles (five kilometres) southeast of [San Juan](#).

The Organizing Committee will provide airport transfers to and from the meet hotel upon arrival and departure.

Information Desk

Each Official Hotel will have an Information Desk where all the information will be provided, and where the accreditations will be delivered. Information Desk Schedule: 7am to 7pm

