



2024 PUERTO RICO INTERNATIONAL OPEN WATER SWIMMING

May 2-5, 2024

Bahía de Jobos, Guayama,
Puerto Rico

3K, 5K, 10K and sprint race

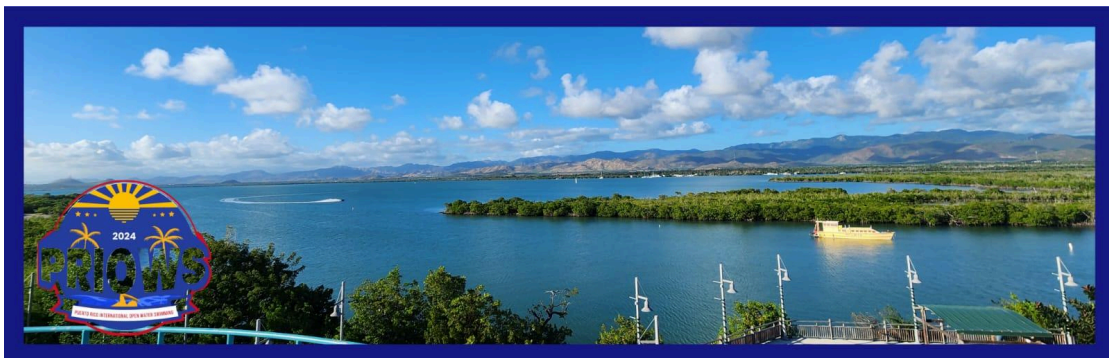
Albergue Olímpico Village,
Salinas



INVITATION

The Puerto Rican Swimming Federation is pleased to announce and invite all countries of the Americas to the **1st PUERTO RICO INTERNATIONAL OPEN WATER SWIMMING 2024**. Below you will find information with details about our event. We hope you can make the necessary arrangements to greet you personally and that your athlete swimmers can enjoy our bodies of water in a competition of good attention, respect, safety, and a dignified setting.

¡LES ESPERAMOS! 🇵🇷



Date

From April 30th to May 5th, 2024.

Location

Jobos Bay, Paseo Tablado Pta. Pozuelo, Guayama Puerto Rico



ACCOMMODATION

Location

The Villa at the Albergue Olímpico, at the Albergue Olímpico Germán Rieckehoff, Salinas Puerto Rico.



Special Rate is \$120.00 per person, per night and includes the following:

- Accommodation at the Villa (5 nights and 6 days or 6 nights and 7 days).
- Transportation (round-trip airport transfers, to all competition transfers, and special activities).
- Three meals daily (breakfast, lunch, and dinner) starting with dinner on April 30th and ending with breakfast on the departure day.

Reservation

A 50% initial payment is required for booking and must be made on or before April 15th, 2024. The remaining balance must be completed upon arrival at The Villa. Failure to make the 1st instalment payment by the specified date may result in the inability to guarantee the stay and/or accommodation offer (limited spaces).



REGISTRATION

Swimmers must be duly federated and eligible to compete.

Registrations for the events must be completed on the Google Form platform using the following link: [PRIOWS REGISTRATION FORM](#) or via meet manager.

Results can be viewed through the Meet Mobile application on your mobile device and officially through Meet Manager.

The registration fee is \$50.00 per swimmer.

Registration and fee payment must be completed on or before April 15th, 2024.

Payment Method

We are in the process of opening a new bank account specifically for Open Water events in Puerto Rico. Once it is ready, we will send you the relevant information and instructions.

Documents

Personal information, authorization, liability waiver, and medical certificate documents are part of the registration and must be completed and submitted on the day of arrival at The Villa. You can download and print the document from the following link:

[Personal Information - Authorization - Waiver of Liability - Medical Certificate](#)

EVENTS AND RULES


Events / Categories

- **FRIDAY**, May 3rd

-  5K Female & Male, 14 years and older

- **SATURDAY**, May 4th

-  3K Female & Male, 12 and 13 years

-  4 x 1K Mixed Relay 14 to 16 years / 17 to 19 years / 20 years and older

-  "Sprint Race" 100 mts. Female & Male, 9 to 11 years (special local event 🇵🇷)

- **SUNDAY**, May 5th

-  10K Female & Male, 16 years and older

-  4 x 1K Mixed Relay, 12 and 13 years



Age determined as of December 31st, 2024:

Cat. 12-13: Born in the years 2011 and 2012

Cat. 14-15: Born in the years 2010 and 2009

Cat. 16-17: Born in the years 2008 and 2007

Cat. 18-19: Born in the years 2006 and 2005

Cat. 20 years and older: Born in the years 2004 or earlier

PRESENT EVIDENCE (PASSPORT) AT THE TECHNICAL MEETING

Accreditation

All swimmers and team personnel will receive an official accreditation card:

- Accreditation is required to access certain areas of the venue.
- Delegates and/or coaches of the teams are required to present photo identification to collect their delegation's accreditation cards at the technical meeting.

Awards

Medals for each event's first, second and third place by category and gender.

5K Male and Female

14 and 15 years / 16 and 17 years / 18 and 19 years / 20 years and older

3K Male and Female

12 and 13 years

4 x 1K Mixed Relay

12 and 13 years / 14 to 16 years / 17 to 19 years / 20 years and older

10K Male and Female

16 and 17 years / 18 and 19 years / 20 years and older

"Sprint Race" 100 mts.

9 to 11 years

Additional cash (\$) awards for the 10K swimmers

"Amount to be announced for the award"



Protests

The Discipline Committee is designated to receive the official delegate accredited by the delegation. The protest must be in writing and accompanied by a fifty-dollar (\$50) fee. The claim must be made up to 30 minutes prior to the situation to be adequately addressed.

Officials

4 Puerto Rican officials duly certified by the "World Aquatics" and trained national officials will be in designated areas.

WATER AND LAND SAFETY

PRIOWS has the full support of the Marine, Aquatic, and Land Emergency Management Department, as well as immediate response with previously planned logistics. Four additional lifeguards will be present, all in their assigned boats or kayaks and medical service.



PROGRAMA

Time

Activity

Location

Tuesday, April 30th

All day	Arrival, Registration and Afternoon Training	La Villa - Albergue Olímpico GR AOGR Salinas Aquatic Center
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Wednesday, May 1st

Departure 8:00 am	Transportation Recognition Swim	Meeting - Waiting area "lobby" at the main entrance of the Sports Complex. At Paseo Tablado Pta. Pozuelo, Guayama
Return 10:00 am	Transportation to AOGR Salinas Villa	Meeting Area - Paseo Tablado Pta. Pozuelo, Guayama Main Entrance
Itinerary pending to be published (am or pm)	Pool Training	AOGR Salinas Aquatic Center

Thursday, May 2nd

Itinerary pending to be published (am or pm)	Pool Training	AOGR Salinas Aquatic Center
2:00 pm	Technical Meeting	AOGR Salinas <i>Room to be confirmed</i>
Departure 4:00 pm	Transportation Special Activity Official Welcome "Pasta Dinner"	Meeting - Waiting area "lobby" at the main entrance of the Sports Complex. Municipio de Guayama
Return 7:30 pm	Transportation Municipio de Guayama	At La Villa, AOGR Salinas



Friday, May 3rd

Departure 6:15 am	Transportación De La Villa AOGR Salinas	Meeting - Waiting area "lobby" at the main entrance of the Sports Complex. At Paseo Tablado Pta. Pozuelo, Guayama
6:45 am	Registration and Verification	Pabellón, Paseo Tablado Pta. Pozuelo, Guayama
From 7:00 a 7:45 am	Warm Up	Bahía Jobs - Paseadora Area
8:00 am	Events Start - 5K Masc.	Bahía Jobs - Paseadora Area
8:10 am	Events Start - 5K Fem.	Bahía Jobs - Paseadora Area
10:00 am	Awards Ceremony	Stage - Paseo Tablado
Return 11:00 am	Transportation to AOGR Salinas Villa	Meeting Area - Paseo Tablado Pta. Pozuelo, Guayama Main Entrance
Itinerary pending to be published (am or pm)	Pool Training	AOGR Salinas Aquatic Center

Saturday, May 4th

Departure 6:15 am	Transportation From AOGR Salinas Villa	Meeting - Waiting area "lobby" at the main entrance of the Sports Complex. At Paseo Tablado Pta. Pozuelo, Guayama
6:45 am	Registration and Verification	Pabellón, Paseo Tablado Pta. Pozuelo, Guayama
De 7:00 a 7:45 am	Warm Up	Bahía Jobs - Paseadora Area
8:00 am	Events Start - 3K Masc.	Bahía Jobs - Paseadora Area
8:10 am	Event Start - 3K Fem.	Bahía Jobs - Paseadora Area
9:00 am	Events Start Mixto 4 x 1K •14 a 16 años •17 a 19 años •20 años y más	Bahía Jobs - Paseadora Area
11:00 am	Awards Ceremony	Stage - Paseo Tablado
Return 12:00 pm	Transportation to AOGR Salinas Villa	Meeting Area - Paseo Tablado Pta. Pozuelo, Guayama Main Entrance



Sunday, May 5th

Departure 6:00 am	Transportation From AOGR Salinas Villa	Encounter - Waiting area "lobby" at the main entrance of the Sports Complex. At Paseo Tablado Pta. Pozuelo, Guayama
6:30 am	Registration and Verification	Pabellón, Paseo Tablado Pta. Pozuelo, Guayama
From 6:30 a 7:15 am	Warm Up	Bahía Jobos - Paseadora Area
7:30 am	Event Start - 10K Male	Bahía Jobos - Paseadora Area
7:40 am	Event Start - 10K Female	Bahía Jobos - Paseadora Area
10:00 am	Event Start Mixed Relay 4 x 1K • 12 and 13 years	Bahía Jobos - Paseadora Area
11:30 am	Awards Ceremony	Stage - Paseo Tablado
1:00 pm	Event Start "Sprint Race" 100 mts. Male 9 to 11 years	Bahía Jobos - Area Paseadora
1:05 pm	Event Start "Sprint Race" 100 mts. Female 9 to 11 years	Bahía Jobos - Area Paseadora
1:30 pm	Awards Ceremony	Stage - Paseo Tablado
Return 2:00 pm	Transportation to AOGR Salinas Villa	Meeting Area - Paseo Tablado Pta. Pozuelo, Guayama Main Entrance

Meal times will be adjusted according to the competition schedule, and you will be notified accordingly. The dining hall at The Villa is the only available place at AOGR for meals, and its regular schedule is as follows:

Breakfast 7:00 am to 9:00 am
Lunch 11:30 am to 2:00 pm
Dinner 6:00 pm to 8:00 pm



TRAINING AND TRANSPORTATION ITINERARIES

Training and transportation schedules will be shared later once all registrations are confirmed. This includes the transportation itinerary from the airport to The Villa and vice versa for the return trip.

Organizing Committee Members

General Coordinator: Mrs. Elismari Aldarondo

Data Technician: Mr. Ricardo González

Finance: Mr. Javier García

Technical Director and Officials: Mrs. Cristina Vázquez, WA Official

Delegation Host: Mrs. Aracelis Echevarría and Mr. Ricardo González

Protocol and Ceremony: Guayama Municipality Events Staff

Local Transportation: Guayama Municipality Transportation Staff

Medical Service and Emergency Management: Guayama Municipality Personnel

Open Water Commission FPN

President: Prof. Iván Romaguera (WA)

Secretary: Mrs. Aracelis Echevarría

Treasurer: Prof. Ricardo González

CAA: Prof. Elismari Aldarondo

Officials / Coaches:

Mrs. Cristina Official (WA) Prof. Carlos Colón Official (WA)

Prof. Bernardo Ortíz (NT) Mr. Joel Matos (NT)

Mr. Josue M. Hernández (NTAA) Mr. Jorge Rivera (NT)

Mr. Omar Rivera Colón (NT) Mr. Ernesto Quiles (NT)

For any questions or inquiries, you can contact us through the following options:

- Phone: 787-409-6714 (WhatsApp only)
- Email: comisionaguasabiertas@natacionpr.org



SWIMMING CIRCUIT